

Is there ever a 'Perfect' Time?

There are many reasons why childhood is called the best time of our lives. One of the most important ones is that it was the time we followed our impulses. Everything was new, and hence, there was an urgency to do as much as possible- urgency to get ready to play, urgency to meet that colony friend, urgency to fill all the happy moments in one day.

But things changed as we grew up - we started organizing our lives and impulsiveness was replaced with thought. Don't you think that after growing up we think a lot but act way less? We wait way too much for some perfect timing to come in future. But the real question is – is there ever a perfect timing? Here are three things that we mostly postpone in the hope of some better 'timing':

1. Wearing what you feel like: "I will wear it after losing two more pounds"; "I will wear it when I get down to size 6". Most of us would love to dress like Cameron Diaz but unfortunately do not have her figure. So rather than wearing that skimpy dress when the occasion calls for it, we compromise and wait. We wait for another occasion to come when our bodies would be toned enough. Many of my friends land up buying those tempting dresses but never wear them out of the fear of not having that perfect figure. And those clothes get covered in spider-webs. My suggestion to you- STOP WAITING! Time is definitely not going to wait.

Do not worry about what others will think of you when you wear that LBD or wear a red bikini to the beach. There will never be any perfect moment to wear them. This is what real women look like without surgeries- full of celluloid, covered with scars and birthmarks. One should wear what one wants to and if others say something, it is their problem to deal with.

2. "I'll call him after two weeks on this and this day". We lose touch with many close friends from school or college over the years. Gradually weekly phone calls become monthly or short calls on birthdays and special occasions. The biggest reason of not making an effort to call those friends is the arrival and presence of social-networking sites. Commenting once in a while on some random post has redefined the meaning of 'being in touch'. But honestly, how many of us really know what is going on in our friends' lives?

Life is very short so pick up that phone and give some business to those cell phone companies. Do not wait for them to call you first. Friendship does not work that way. If you still feel reluctant then stop calling them your friend and start calling them your 'acquaintance'.

3. "I will do some social service"- this may not be everyone's problem but still a lot of us can relate to it. We plan to do it after we get out of college, which later gets postponed till we settle in our jobs. Waiting, waiting, waiting. Waiting to get free; making false promises to ourselves, knowing life will only get busier in future. We are never going to get free enough to devote some 'quality' time to the cause. But why wait to take some simple steps? iPone wants to contribute in some way, one should do it now.

Mind you that future is never what we expect it to be. We think things will remain the same with a friend but then one day we come to know that our friend has left the country.

Stop planning your life in the hope of some unrealistic future. Just do it now. Live in the present. Because you will never get this moment back.